



# PLAY

What do children, "enlightened beings" and über successful people have in common? Play.

1

Some call it a "flow state," others say it's a rhythm they fall into, but it happens when we let go, get out of the way and play.

Can't figure it out? Observe a child.



2

"True breakthrough only occurs when you are in a state of play."

-- Adwynna



3

"Humans have just too much going on." -- Pepper (my dog)

Play like a dog and create like a god.



**EASIER SAID THAN DONE?  
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